

**Date – 21/06/2026**

**Time - 7:30 -7:40 Hrs**

**AKASHVANI AIZAWL**  
**REGIONAL NEWS BULLETIN**  
**HEADLINES (MORNING)**

1. Khawvel hmun dangte rualin tukin hian Mizoram-ah pawh International Yoga Day vawi 12-na chu urhsun taka hman a ni.
2. Horticulture Fair vawi 13-na chu nizan khan khar a ni a, cheng nuai 99 man chuang thil hralhchhuah a ni.
3. Food Corporation of India chuan Mizorama ei leh bar lo luh dan nitin a thlithlai reng a ni.
4. International Yoga Day 2026 (IDY 2026) chu vawiin hian khawvel hmun hrang hrangah hman a ni.



## YOGA DAY

Khawvel hmun dangte rualin tukin hian Mizoram-ah pawh International Yoga Day vawi 12-na chu urhsun taka hman a ni.

Zokhawsang-a Assam Rifles hmunpuia , he hun hmannaah Larsap General Vijay Kumar Singh chu khuallian niin, June 21 hi khawvel pumah ni (day) sei ber ni a nih bakah, Prime Minister Narendra Modi-a rawtna angin United Nations (UN)-in International Yoga Day atana a pawm a nih thu a sawi a. Zokhawsang hmun nuam leh boruak thianghlim takah he hun hman a ni chu lawmawm a tih thu a sawi bawk.

Yoga awmzia hrilhfiahin Governor chuan, "Mizote pawhin 'Yoga' kan ti mai a, a bul thut 'Yog' tih awmzia chu 'belhkhawm' emaw 'thlunzawm' (addition/combination) tihna a ni. Chu chu taksa leh rilru inrem taka thlunzawmna a ni, a ti.

Governor chuan Yoga peng hrang hrang – Bhujangasana (snake pose), Sarvangasana leh Pranayama te hlawkna a tarlang a. Anulom Vilom phei chu rilru hah (tension) leh blood pressure sang nei tan a tha bik hle tih sawiin, a tak ngeia a lo tawn tawh thu a sawi lang bawk.

He hunah hian Health Minister Pi Lalrinpuii pawhin thu sawiin, khawvel changkang leh hmanhmawhthlak takah hian mi tam tak chu rilru hah leh chau takin kan nung thin a, Yoga chuan hetiang hunah hian nun muanawm leh zawi zawka hman dan min zirtir a ni, a ti bawk.



## HORTI FAIR

Horticulture Fair vawi 13-na chu nizan khan khar a ni a, cheng nuai 99 man chuang thil hralhchhuah a ni.

Akashvani News in a hmuna duty Horticulture department hotute a kawmnaah he thu hi department hotute chuan sawiin department hotute chuan mipuiten an fair huaihawt mek chu an hlut thu leh tlawhtu mipui pawh an tam thin thu an sawi a. Fair hawn ni, Nilaini khan cheng nuai sawmpali, sing ruk, sang li, zasarih sawmthum man hralhchhuah a ni a, a ni hnihna Ningani khan an inhralhna hi cheng nuai sawm hnih, sing thum, sang riat, zasarih leh cheng sawm a tling leh a. A ni thumnaah khan cheng nuai sawmhni panga, sing hnih, sang li, zariat sawmli man an hralh leh a, nimin khan cheng nuai 38, sing 2 leh 606 man hralh lehin, a vaia belkhawmin nimin thleng khan cheng nuai 99, sang 9326 man an hralh a nih thu an sawi a ni.

Aizawl Lammuala Horticulture Fair an tlawhnaa dawr hawng ve Pi Zothanpari chuan kum 2026 Horti Fair chu a hman tangkai thu sawiin anmahni thlai thar ngei an zuar a ti a. Kumin anga mi an tam a la hriat loh thu sawiin sorkar hmalakna chu lawmawm a tih thu a sawi a, a huaihawttu ten ruahmanna an siam tha a tih thu a sawi a ni.

Zemabawk Piggery Society te pawhin vawk pul hri leh AMC inkhuahkhirhna avangin vawk an vulh hleihtheih loh hnuah Vahdhan Vikas Kendra atangin chhawmdawlina dawngin aieng, hmarcha hmui te siamin Horticulture Fair-ah an phochhuah ve bawk a, an society tan fair chu tangkai an tih thu an sawi a ni.



## **AIR NEWS ON SOCIAL MEDIA**

Chanchinthar hi Akashvani Aizawl atanga puan a ni a. AIR News Aizawl Youtube Channel, All India Radio News Aizawl Facebook page leh newsonair.gov.in ah te chanchinthar hi ngaihthlak leh chhiar theih a dah a ni.

Vawiin chawhnu dar 2 leh a chanve-ah Chanchinthar puan leh a ni ang.



## FCI STOCK

Food Corporation of India chuan Mizorama ei leh bar lo luh dan nitin a thlithlai reng a, mipuiten eitur tha an ei theih nan a chhekkhawl na te pawh a tha thei ang berin a enkawl mek tih an sawi.

Hemi chungchanga thuchhuah-ah chuan Mizoram chhunga FCI kudam hrang hrangah June thla thleng hian Buhfai leh Wheat- stock awm zat chu MT 24,858; Buhfai – MT 23,862 leh Wheat – MT 996 a ni.

### *Kan corr report ngaithla ang.*

*Furpui vanglaia mipuiin ei tur an tlakchhawm loh nan leh stock a awm reng theih nan, Mizoram lamah rail hmangin Buhfai leh wheat rawn phurh mek a ni tih FCI chuan a sawi a. Hei hi Bairabi railhead leh Sairang railhead kalklangin a lo thleng thin tih an sawi a ni.*

*Tun hnaiah hian rail hmangin June leh July chhunga buhfai lo kal tur leh kal mek zat hi MT 20,032 a ni a. Tun dinhmuna stock awm zat hi a thahnem tawk hle a, MT 24,858 stock hian National Food Security Act leh welfare scheme dangte Mizoram pum mamawh thla 4 vel chhung daih thei tura ngaih a ni. Thla tin atana NFSA leh welfare scheme mamawh zat chu: Buhfai – MT 6,209 Wheat – MT 123 a ni a. Stock awm mek leh ruahman sa lo kal turte hi safety buffer norm aiin an thahnem zawk ni a sawi a ni bawk.*

*FCI chuan Mizoram Sawrkar tan mamawh aia tam mah pe thei turin Open Market Sale Scheme – Domestic hnuaiah e-auction tel lovin Buhfai a pe a, hei bakah hian, June thla atan Buhfai MT 3,000 chu sem tura ruahman ni tawhin chu mi tihlawhtling tur chuan rail rake dang MT 2,600 pawh chah belh tum a ni an ti.*



## CRIME REPORT

Kumin January atanga nimin thleng khan Mamit district chhungah DEF (District Executive Force) thubuai 72 ziahluh tawh a ni.

Mamit district chhunga Police station 5 leh Police Outpost 1 atangin kuminah thubuai ziahluh (case register) 72 awm tawhin heng zinga thubuai 38 te chu chhuichhuah (chargesheet) tawh an ni a, tin thubuai 1 chu Final Report (case tih tawp) tawh a ni bawk.

Mamit district chhunga thubuai (case) tam ber chu tum dang ang bawkin ruk ruk/ thil ruk thubuai niin thubuai 45 ziahluh a ni a, kum tling lo chunga hlei lenna POCSO thubuai 2, pawngsual thubuai 1, ND&PS thubuai 3, Silai man thubuai 1 leh thubuai dangte ziahluh a ni.

Hetih lai hian Mamit district chhungah hian police indaih lohna a nasa hle a, Mamit district ah police 235 awm tur an nih lain tunah police 137 chauh an awm a, tin Mamit district a awm tur police 14 te chu district pawnah dahchhuah (attached out) an ni a, heng police attached chhuah te hi Mizoram Police Headquarter order a attached chhuah an nih hlawm avangin an lo let leh hun tur hriat a nilo a ni.



## WORLD CUP

Football inelna lian FIFA World Cup khelh mekah nizan khan Netherlands chuan Sweden chu goal nga goal khatin an hneh a, Dutch team hi knockout round lut turin an dinhmun a tha ta hle a ni.

Inkhel dangah Germany chuan goal hnih goal khatin Ivory Coast an hneh bawk. Germany hian an match hmasa zawkah hnehna an chan tawh bawk avangin point ruk an hmu a, group match khelh hmabak pakhat la nei chungin round of 32 an lut Chiang tawh a ni.

Tukin hian Ecuador leh Curacao te an inkhel mek a, resut erawh kan hre hman ta lo a ni.



## Yoga Day

International Yoga Day 2026 (IDY 2026) chu vawiin hian khawvel hmun hrang hrangah hman a ni. Kumin hi International Day of Yoga vawi 12-na a ni a, thupuihah 'Yoga for Healthy Ageing' tih a ni a, Yoga hi kum upa hrisel, thothang tha leh zahawm tak nih theilh nana Yoga tih thin a pawimawhzia a tarlang a ni. International Day of Yoga 2026 hmanna pui ber hi West Bengal khawpui Kolkata-a Red Road hluiah neih a ni dawn a, Prime Minister Narendra Modi-a'n Common Yoga Protocol kalpuiin ram pum a kaihruai dawn a ni.

Ministry of Culture chuan ram chhunga hmun pawimawh 100- ah Yoga lawmna a buatsaih a, India ram heritage, hmun pawimawh te leh Yoga a thlunzawm a ni. He hmalakna kalpui mek zingah hian hmun langsar 12-ah lawmna lian tham tak tak neih a ni dawn a, chung zingah chuan New Delhi-a Red Fort, Uttarakhand-a Haridwar, Odisha-a Konark, Karnataka-a Hampi, Tamil Nadu-a Mahabalipuram, Maharashtra-a Mumbai, Bihar-a Nalanda, Gujarat-a Ahmedabad, Utar Pradesh-a Sarnath, Uttar Pradesh-a Leh, Hyderabad a Telengana leh Assam a Silchar te an tel dawn a ni. Heng bakah hian Indian Council for Cultural Relations nen tangkawpin ram pawna Indian Mission 210 chuangin khawvel hmun hrang hrangah hmun sang 2 leh 500 velah Yoga event an buatsaih dawn a ni.

