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REGIONAL NEWS BULLETIN

HEADLINES (EVENING)

1. Vawiin khan khawvel pumah International Yoga Day urhsun taka hman a ni.
2. Mizoramah pawh International Day of Yoga vawi 10-na hman hi urshsun taka hman a ni.
3. Zoram Medical College (ZMC)-ah Mizoram-a la tih ngai loh Thin Cancer Zaipui hlawhtling taka zai a ni.
4. Cyclone Remal avanga Mizoram hmun hrang hrang a chhiatna thleng endik turin Sawrkar laipui tirh, 'Inter-Ministerial Central Team' chuan Mizoram an rawn thleng.



YOGA DAY

Vawiin khan ramchhung leh rampawnah International Yoga Day urhsun taka hman a ni a. A hmanna pui ber chu Prime Minister Narendra Modi-a hoin Jammu and Kahsmir-a Srinagar-ah butasaih a ni. PM Modia chuan Sher-i-Kahmir International Conference Centre (SKICC) ah mipui 7000 chuang kal khawmte chu a huhoin Yoga a tihpui a. He hunah hian &K Lieutenant Governor Manoj Sinha, Union Minister Prataprao Ganpatrao Jadhav leh mi pawimawh tak takte an tel a. Prime Minister Narendra Modia chuan thusawiin taksa, rilru leh thlarau than zel nan Yoga a pawimawh a ti a. Khawvel pumah Yoga ti thin an pung zel tih sawiin a that zia hi miten an hmuh belh zel a ti a. Khawvel ramdang hruaitu a kawm zingah Yoga chungchang sawipui lo an vang hle a ti bawk.

Yoga Day hi ramchhung hmun hrang hrang bakah rampawnah te pawh hman a ni a. Bangladesh ah chuan High Commission buatsaihin Dhaka-a Shaheed Suhrawardy Indoor Stadium ah Yoga Day hman a ni a. High Commissioner Dr. Binoy George chuan Yoga chu mi ti pumkhat tu, taksa hriselna chawilartu leh rilru hriselna pawimawhzia zirtirtu tha tak a ni a ti.

Dubai-ah pawh Yoga Day hi hman niin Dusit Thani ah Art of Living Foundation te huaihawtin hman a ni a. UAE-a Yoga lar chhoh zel dan leh a pawimawh ziate he hunah hian tarlan a ni.

International Yoga Day hi Nepal ah pawh vawiin khan hman a ni a. Kathmandu-a Idnian Embassy chuan he hun hi buatsaihin Pokhara ah hun hman a ni a.

USA-ah chuan New York khawpui lunlai leh hmingthang Times Square ah International Yoga Day hi hman a ni a. Mi sing 2 chuang an pungkawm a, he hunah hian Yoga session pasarih lai neih a ni a. India Consulate General leh Times Square Alliance tangkawp chuan he hun hi an buatsaih a. He hunah hian Consul General Binaya Pradhan chuan Yoga in taksa leh rilru lam hriselna a thlen theih hrang hrangte tarlangin nungchate nena inrem taka khawsakhona a nih thu a sawi a ni.

Sri Lanka ah pawh International Yoga Day hi Galle Fort ah hman a ni a. Mi 300 chuang an kalkhawm a ni.



YOGA

Ramchhung hmun dang rualin tukin khan Aizawla Hawla Indoor Stadium-ah International Day of Yoga vawi 10-na hman a ni a, thupuihah ‘Yoga, mahni leh khawtlang tan’ (Yoga for self and society) tih hman a ni.

He hun hi Governor Dr Hari Babu Kambhampati chuan a hmanpui a. Larsap chuan India ram atanga Yoga rawn pianchhuah dan sawiin tunah chuan khawvel pumpuihah mi tam takin Yoga chu tuipui mekin nitin an taksa sawizawi nan an hman thin thu a sawi a. Yoga hmanga taksa insawizawi chu hriselna a nih bakah ram leh khawtlang hrisel zawk siam an tumna kawngah hmalakna pawimawh a nih thu sawiin Mizoramah Yoga tuipui tute an pung zel chu lawmawm a tih thu a sawi.

Mizoram hmelhmang mawi tak leh boruak thianghlim tak chu Yoga hmanga insawizawina atan hmun duhthusam a ni tih sawiin Yoga thatna

leh tangkaina mi tamzawk ten an lo hriat pawh theih turin Directorate of Ayush a thawk te pawh tan la zel turin a fuih a ni.

Thusawitu dang Chief Secretary Dr Renu Sharma chuan taksa leh rilru hriselna ngaih pawimawh chu mi tin ten an thlahthlam tur a ni lo a ti a, hriselna atan mahni tih theih awlsam tak leh hautak lo, khawi hmunah pawh tih theih chu Yoga hmanga insawizawina hi a ni a ti bawk.

He Yoga Protocol-ah hian Ministry of AYUSH atanga yoga instructor chuan hma hruaiin kalkhawmtute chu yoga hmanga insawizawina a neih pui a. He hunah hian Yoga tuipuitute bakah hian NER Directorate leh Group HQ Silchar kaihhruaina Mizo Bn 1, Mizo Air SQN 1 leh Mizo Bn NCC 20-a NCC cadet-te bakah an Commanding Officer leh Instructor-te pawh an tel a ni.

Report a tarlan dan chuan AYUSH Directorate hnuaiyah hian Yoga Instructor 12 an awm mek a, chungte chu District Hospital 8 (Pariat)-ah te, Civil Hospital Aizawl-ah te, Integrated AYUSH Hospital Thenzawl-ah te, Administrative Training Institute (ATI)-ah te dah an ni.

International Day of Yoga pual hian District dang-ah pawh hun hman a ni a, Tukin khan Lunglei Thuamluaia Mualah 2Bn NCC buatsaihin International Yoga Day hman a ni a. NCC Comandt Lt.Col Ayy Cee chuan Yoga chu taksa sawizawi na piah lamah rilru hrisel neihna a ni tih sawiin vantlang zing a nundan thiam nan pawh a tangkai hle a ti. Yoga hi khawvel in a thatna a hria a, chuvangin Mizo te pawhin rilru leh taksa hrisel neih nan uar a tha a ni a ti.

He mi hnu hian Instructor kaihhruaiin NCC cadet 300 dawn leh zirtirtu ten Yoga an ti chhunzawm a ni.

Siaha-ah pawh 20th Battalion Assam Rifles bultumin tukin khan Helipad ah hun hun hman a ni a.

Major Raj Kishor, Company Commander, 20th Battalion Assam Rifles chuan India ram chauh ni lo khawvel ram hrang hrangten Yoga thatna kawng tam tak an hre tawh a, uar takin khawvel hmun hrang hrangah Yoga insawizawina kalpui thin tih a sawi a, Khawvel pum huap Yoga Day chu United Nations (UN) pawhin a lo puanpah tawh a ni, a ti.

Yoga chu rilru hriselna piah lamah taksa hriselna atan thil tangkai tak a nih avangin mipuiten uar zawk a an hman zel a tul hle tih a sawi a. Major Raj Kishor chuan Yoga insawizawina chu nitin nunphungah la lut theuh a, rilru hriselna piah lamah taksa hriselna a thlen ang a, natna tam tak lakah kan fihlim dawn tiin urhsun zawk a hmang zel turin Siaha mipuite a sawm nghal bawk.



ZMC

Zoram Medical College (ZMC)-ah Mizoram-a la zai ngai loh Thin Cancer Zaipui hlawhtling taka tih a ni a,

Hemi chungchanga sorkar thuchhuah tarlan danin, Thin Cancer hlawhtling taka zaitu team te hi Surgeon Dr. Samuel Lalhruaizela, Associate Professor leh Assistant Surgeon Dr. Willie Lalhruaitluanga, Assistant Professor, Department of Surgery-te an ni a, Head of Department-te rawn chungin tha takin an zai a ni. Anni bakah hian Junior Doctor leh Nursing Staff thiam tak takten an pui a, ICU lamah Anaesthesiology team ten damlo te hi tha tak leh uluk takin an enkawl bawk a ni.

Thin leh Mit Cancer te hi 'Cancer rau rauah pawh zai harsa leh huphurhawm' tih a ni thin a. Mizoram-ah pheih chuan zai theih loh deuh thawa ngaih a nih avangin phai lamah mi tam tak kalpui an ni thin a. Hun eng emaw atang khan regular takin Mit cancer hi Zoram Medical College (ZMC)-ah an lo zai theih tawh a, case eng emaw zat zai tawhin, mi tam takin an dampui tawh a ni.

ZMC-ah hian cancer chi hrang hrang an zai nasa em em tawh tih sorkar thuchhuan chuan a sawi a, damlo tam takin Doctor-te kaltlangin Pathian tihdamna an chang tawh a. Golden Card hmangin a thlawn vekin damlote hi enkawl an ni a, heng bakah hian Healthcare leh sawrkar MR bill theih zawng zawng pawh kalpui mek a ni bawk.



CENTRAL TEAM VISIT CYCLONE REMAL HIT AREAS

Vawiin khan thlipui Remal avanga Mizoram hmun hrang hrang a chhiatna thleng endik tur a Sawrkar laipuiin a ruat, 'Inter-Ministerial Central Team' chuan Mizoram an rawn thleng a,

Sairang, Sairang Dinthar leh Sihmui a tui lian vang a chhiatna hrang hrang an endik nghal a ni.

Central Team-ah hian Pu Adelbert Susngi, Regional Officer, MoRTH, Pu Rajeev Singh, SE, Ministry of Jal Shakti, Pu Moti Ram,

Assistant Commissioner, Rural Development-te an tel a, Chhinchhiah danin May ni 28-a Remal thlipui avang khan Sairangah chenna in 28 tuiin a chim pil a, in dinglai 10 tui lian hian a khawih chhe tel a. Heng zingah hian Zirna in, Mosque leh Mandir a tel a ni. Sihhmuiah hian tui lian hian lawngleng 12 a la bo a, balu lakna kawng te tichhiain tlawng kam a nul siam thahnem tak a tichhe bawk a ni. Sairang Dinthar vengah hian chenna in 12 leh zirna in 1 tui lian vang hian a chhe bawk a ni.

Inter-Ministerial Central Team-te hian an cham chhung hian Greater Aizawl Water Supply Scheme Phase I & II, Melthum/Hlimen leimin te, Kulikawn leh ITI veng thlanmual te, ZMC Falkawn leimin hlauhawm lai te, Aizawl - Aibawk -Darlung inkar kawng te, Durtlang leh Kanan veng thlanmual te leh Zawlpui zau, Serchhip te hemi an tlawh dawn a ni.

Vawiin tlai khan PHE Minister Prof Lalnilawma chuan a office chamber-ah Inter Ministerial Central Team te hi a kawm a. Minister hian Central Team te chu Cyclone Remal avanga Mizoram hmun hrang hranga chhiatna thleng chungchang te a lo hrilhfiah a. A bikin a department kaihnavih - PHE, Horticulture leh Rural Development Department kaihnavih a harsatna thleng chungchang te a sawipui.

Greater Aizawl Water Supply Phase -I a chhiat vek thu leh a khawl te repair tura thawnchhuah a nih thu a sawi a. Tui thianghlim mamawh ang pump chhoh a theih loh avanga mipuiin harsatna an tawh te sawiin central team chu an thil hmuh te behchhan anga Mizoram in mamawh Central Sawrkar hnena a thehluh te pawh a theih anga chak a lo enzui sak an mamawh tih a hrilh a ni.

Meetingah hian DM&R Secretary bakah concerned Department aiawhin Secretary, E-in-C, Director leh official pawimawh te an tel a ni.

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