

**Regional News Unit AIR Aizawl  
Wednesday, June 19, 2024**

**Time - 7:30 -7:40Hrs**

**REGIONAL NEWS BULLETIN**

**HEADLINES (MORNING)**

- **Chief Minister Pu Lalduhoma hova Council of Minister thukhawm chuan Sethawna sorkarin a din ruihhlo ngai enkawlna hmun Jordan Center chu midang kuta hlan a thuphungin a remti.**
- **Kumin International Day of Yoga (IDY) tunkar zirtawpni a hman tur pualin inbuatsaihna kalpui mek a ni.**
- **Prime Minister Narendra Modia chuan Agriculture chuan khawvela ram economy lian pathum zinga India siam turin dinhmun pawimawh tak a luah a ti.**
- **Post Office Act,2023 chu nimin atang khan hman tan a ni.**



**COUNCIL OF MINISTERS MEETING**

**Chief Minister Pu Lalduhoma hova Council of Minister nimina thukhawm chuan Sethawna sorkarin a din ruihhlo ngai enkawlna hmun Jordan Center chu midang kuta hlan a thuphungin a remti a,**

**Social Welfare & Tribal Affairs Minister Pi Lalrinpuuin kan corr a hrilh danin, sorkarin a enkawl zuina tur sum a neih loh avangin, he centre hi midang kuta hlan a rel a, tun dinhmunah a enkawltu tur hi kohhran leh mimal engemawzat an hmu tawh naa, thuthlukna an la siam lova, vawiin atangin an bawhzui nghal dawn a ni.**

**Jordan centre hi thla 3 chhung April, atanga June thla thleng hian tihtawp lailawk a ni a, sorkar hmasa khan SEDP hmangin a lo kalpui tawh a, amaherawhchu tunah hian kalpui thei dinhmuna ding an intih tak loh avangin pawn lam mi in enkawlin ruihhlo enkawl dam hnua enkawl zuina aftercare leh skill development thlenga kalpui turin an duang a, hei hi pawn lam mi enkawl tura an thlanin a enkawl tawh dawn a ni.**

**Council of Minister thukhawm hian sorkar khawih thudang tamtak an rel bawk a ni.**



**SCHOOL HEALTH & WELLNESS PROG**

**Aizawl District bik tan School Health and Wellness Programme atana Headmaster training chu SCERT ah leh DIET ah hawn a ni a,**

**He training hawwna inkhawm SCERT -a nimina neih chu Pi Lalnunsiami Deputy Director SCERT (Population Education Programme changtu) in a kaihruai a, Pi Laldampuii, Project Coordinator SCERT in School Health Programme Mizoram lo kalpui tawh dan leh he training in a tumte a sawi a, Champhai, Lawngtlai, Lunglei, Mamit leh Siaha District ah te kalpui tawh ni in School 683 a huam tawh a ni, Health & Wellness Ambassador atan zirtirtu 1175 in an train chhuak tawh bawk a ni.**

He programme hi Mizoram State AIDS Control Society (MSACS) leh SCERT tangkawpin Mizoram chhunga Private Schoolah te hmalak ani baw k a ni.

He training hawngtu Dr Lalduhawmi Thomte Joint Director chuan thu sawiin School Health Programme in a tum zinga pawimawh te tarlangin Mizoram chu damdawi ruihtheih kalkawng anih chhoh zel avang te leh school naupang tam tak damdawi ruihsual laka chhanhim theitu chu school-a zirtirtute an nih thu a sawi a, SCERT chuan Drug Demand Reduction ah te, Child Rights chungchangah te leh cyber safety inzirtirna ah te School Health programme hmanga hma a lo lak tawh dan te pawh a sawi tel a ni.

School Health & Wellness Programme (Ayushman Bharat) hi Ministry of Health & Family Welfare, Deptt. of School Education & Literacy leh Ministry of Education te tangkawp hmalakna ani a He Program hi Middle school atanga Higher Secondary school-a zirlai te tan duan ni in, Government leh Government aided school-ah te kalpui mek ani. He programme hnuaiah hian Health & Wellness Ambassador atan school tinah Zirtirtu pahnih (mipa leh hmeichhia) te train an ni a, heng mi te hi a tlangpuiin technology lama thiamna nei deuh bik te an ni. Anni bakah hian Scool Principal/ Headmaster te pawh training pek an ni thin baw k.

He Program in a tum langsar zual te chu: Zirlai naupangte an kum mil tawka hriselna leh eitur tha chungchang hrilhhriat te, Nungchang tha leh mawi chawisan te, Naupang leh fleirawl te natna/ harsatna rang taka hmuhchhuah leh enkawl te, Tui thianghlim in thin tura zirtir te, Hmeichhe thanthi nei chungchang a zirtirna leh Infiamna chawisan te a ni.



## YOGA

Kumin International Day of Yoga (IDY) tunkar zirtawpni a hman tur pualin inbuatsaihna kalpui mek a ni a,

Kumin thupui atan hian ‘Yoga for Self and Society’ tih thlan a ni a, Akashvani Corr in Yoga Instructor KT Beirathai chuan, mihring taksa motor tan a that thu leh, insawizawi tam loh avanga natna awm theio hrang hrang a sutkian thu a sawi a ni.

Ayush Dept –a Dr Shirley Lalbiakzuali Chhangte chuan mihringte nitin mamawh taksa hriselna, rilru hriselna thlen theitu chu Yoga a ni, a ti a, Yoga in sakhaw tihbik a neihloh thu leh nunphung zirna a ni a ti a. Yoga chu mihring theihna phochhuaktu leh tanpuitu a ni a, mahni leh midang te thatna thlentun atan a pawimawh thu leh Mizote’n Yoga an lo hmelhriat dan a sakhaw ang chi dah bo a taksa sawizawina atana a pawimwhna te hriat a tul thu a sawi a. Natna chi hrang hrang enkawlina atana Yoga chu hman tangkaina tur a tam thu leh chutiang enkawlina atana a pawimawh em em a ni a ti.

Tun dinhmunah Ayush hnuaiah hian Instructor 12 an awm mek a, heng Instructor te hi District Hospital, Integrated Ayush Hospital, Thenzawlah te rawn theihin an awm mek a. Yoga Instructor awmlohna hmunah pawh Ayush Doctor te Yoga exercise chungchangah rawn theihin an awm mek a. Administrative Training Institute leh Ayush Dept tangkawpin trainees chi hrang hrangte hnenah Instructor pakhat kaihhruaina in ‘Yoga Exercise’ kalpui mek a ni baw k .

**Kumin International Day of Yoga (IDY) hi khawvel hmun dangte rualin zirtawpni hian Mizoramah hman a ni anga, a lawmna pui ber Hawla Indoor Stadium, Republic Vengthlangah hman tum a ni.**

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#### **LADC BY ELECTION PREPARATION**

**Lai Autonomous District Council (LADC) hnuaiia Village Council inthlan neih tur leh Lawngtlai Chandmary bial MDC by election neih turah chuhtumte tana hming pekluh chu vawiin hian endik a ni ang.**

**LADC hnuaiiah Village Council 99 awmin General Seat 496 leh Hmeichhe tana seat hauh 99 nen VC Member 595 thlanchhuah tur niin, chuhtumte hian Returning Officer hnenah an hming an pelut a, hriattheih chin ah VC tamzawk chu kilthum atangin INC, MNF leh ZPM ten an chuh dawn a, kan corr sawi danin Independent a chuh an awm nual a rinawm bawk a ni.**

**Assembly inthlan hnuhungber a Lawngtlai Chandmary bialtu MDC Dr Lorrain Lalpekliana Chinzah chu Lawngtlai East bial atangin MLA a thlantlin a nih vangin he biala MDC by election neih tur ah, Party pathum BJP, MNF leh ZPM candidate ten vawiin khan Returning Officer Lawngtlai DC, Pu Cheemala Siva Gopal Reddy hnen ah hming an pelut. He bial chuhtur hian BJP atangin Pu K.Lalawmpuia chuan hming a pelut a, MNF atangin Pu C.Lalsawmzuala chuan hming pelutin, Congress chuan Candidate hran siam lovin MNF nen an thawkho dawn a, ZPM atangin Chandmary MDC bial chuhtur hian Pu F.Hrangtukhuma'n hming a pelut bawk.**

**VC inthlanna a Vote flate hi Inthlanni June 27 ah vote thlak zawhah chhiar nghal a ni dawn a, Ballot paper hman a ni ang. Lawngtlai Chandmary bial MDC by election ah hian EVM hman a ni dawn a, vote hi July 1 ah chhiar a ni thung ang.**

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#### **ALL MIZORAM VC ASSN**

**All Mizoram VC Association chuan VC ten Sorkar an thawhpui that duhloh vanga VC Term pawh tawi tum niawm taka thu an hriat chu an hrethiamlo tih an sawi.**

**All Mizoram VC Assn chuan nimin khan thuchhuah siamin VC te chu India ram ropui tak Democracy lungphum pawimawh tak pathum (3) Central, State leh Local Government zinga pakhat, Democracy Grassroot anlo tih hial, tualchhung Sawrkar , "The Lushai Hills District (Village Council) Act.1953" hmanga rorel tura mipui ten kum 5 atana an thlan chhuahte an ni a. He danin thuneihna a pekte leh Central leh State Sawrkarin Programme & Policy hrang hranga Agency atana a hmanna kawnga tha taka thawh chu an Duty, VC atana thlan an nih chhan a ni, an ti a. An duty tihhlawhtlinna kawngah mahni hna pawh thawk hman leklo a khawtlang leh ram tana an buai ve em em laia hetiang thu an hre ta mai chuan a thawng tak zet a ni, an ti a. Sawrkar thawhpui duhlo te chu khawi VC nge ni a, eng kawngin nge anlo thawhpui duh loh tih hriat an duh thu sawiin AMVCA anga lo in zilh a, tha taka Sawrkar thawhpui tura lo infuih thar leh an inpeih reng a ni an ti.**

Village Council Term chu Panchayati Raj System Central Sawrkarin a siam zulzuiin kum 5 term tura tih a ni a. State Sawrkar in a duh chuan a pawt tawiin a pawtsei thei ngei mai a, mahse, chhan tha tak neia tih tur ni ah an ngai a. Village Council din tirh ata Covid-19 vanga thla 5 chhung MNF Ministry in a pawhsei bak kha VC Term kal lai tih danglam hi Sawrkar kal tawh ten anla tih ngai loh nia an hriat thu an sawi.

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PM

Prime Minister Narendra Modia chuan Agriculture chuan khawvela ram economy lian pathum zinga India siam turin dinhmun pawimawh tak a luah a ti. Nimina Pradhan Mantri Kisan Samman Nidhi installment 17-na a hawannaah he thu hi sawiin sawrkar laipuiin loneitute khawsak ti sang turin theihtawp a chhuah thu leh an sum lakluh tipung tura hma a lak thu a sawi bawk a ni.

Prime Minister Narendra Modia hian nimin khan Varanasi atangin PM Kisan Samman Nidhi cheng vaibelchhe 20,000 chuang loneitute tan a pechhuak a. A tum thumna atana Prime Minister atana lakluh anih hnuah a vawi khatnan a bial Varanasi hi a tlawh a.

PM hna a tan leh hnuah a hna hmasa ber atan PM Kisan Nidhi installment 17-na pek phalna a pe a.

He hamthatna hi loneitu vaibelchhe 9.26 chuanguin an dawng dawn a. Vawiin thlengin loneitu vaibelchhe 11 chuanguin PM-KISAN hi an dawng tawh a. Sum semchhuah tawh zawng zawng hi cheng vaibelchhe nuai 3 leh sing li chuang a ni a. Hei bakah hian PM Modia hian Self Help Groups (SHG) atangin hmeichhe sing 3 te tan Krishi Sakhis Certificate a a hlan bawk a ni.

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CONGRESS LEADER RAHUL GANDHI

Congress Leader leh Lok Sabha MP atana thlan thar Rahul Gandhi chuan thlan tlin anihna bial pakhat zawk Kerala-a Wayanad atangin a inhnukdawk. Nimin khan he bial a chhuahsan thu hi Lok Sabha Speaker Om Birla hnenah thehlutin Speaker hian a lo pawmsak nghal a ni.

Congress Prresident Mallikarjun Kharge chuan Rahul Gandhi hian a bial pakhat zawk Uttar Pradesh-a Rae Bereily chu a vawng chhunzawm dawn a ti a. Wayanad Lok Sabha bialah hian Rahul Gandhi-a farnu Priyanka Gandhi-in a chuh dawn a ti bawk..

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POST OFFICE ACT

Post Office Act,2023 chu nimin atang khan hman tan a ni. He dan hian dan hmasa Indian Post Office Act,1898 chu a rawn thlak dawn a. He dan thar hnuaiah hian India Post-a thil thawn thenkatah ram venhimna leh dan kenkawhna kaihnawihah chuan sawrkar alo inrawlh thei dawn a. Sawrkar laipui, state sawrkar emaw officer thuneihna pekte chu inrawlh thei turin phalna pek a ni a. Danin a phalloh thil inthawn reng reng chu lo hawnsak a, hren sak emaw ti chhe thei turin thuneihna a pe a ni.

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